

Meals at Home



Our Mission

Meals at Home fosters health and contributes to individual well-being and independence by delivering nutritious meals and medically prescribed diets and by providing other supportive services to the homebound, elderly, disabled, and persons temporarily unable to care for their nutritional needs.

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Debi Genthe, *Executive Director*

Heather Harker, MSW, *Coordinator of Volunteers*

Rita Weinberg, *Bookkeeper*

Meals at Home

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Executive Director's Annual Report

The 2013-2014 fiscal year was filled with exciting growth. Meals at Home volunteers and staff have fulfilled many goals that have positioned the organization to serve more community members than ever before. Whether making a donation, referring a client, or taking time to volunteer, many of you have assisted Meals at Home in furthering its critical mission of delivering meals to those who are unable to care for their nutritional needs. On behalf of the leadership and staff of Meals at Home, thank you. Some highlights of your great work include:

- **Increased Meal Services.** Meals at Home experienced increases in both the number of clients served and the number of meals delivered during the 2013-2014 fiscal year. We continue to look for ways to provide meals to more of our City of Evanston and New Trier Township community members.
- **New Office Provides Greater Visibility and Access.** Our new office is located at 1123 Emerson, Suite 213, Evanston, at the intersection of Emerson and Ridge. The office is in the upper level of Emerson Place with other great non-profit organizations including The Lilac Tree, SASI, and The Moran Center. This is a great result of determined volunteers and heart-felt donations. It is an investment this organization will benefit from for many years.
- **Book Program with Evanston Library Offers Something Extra.** Evanston Library has donated books for Meals at Home volunteers to give to their clients when delivering meals...sort of like a Happy Meal prize! Volunteers choose books (stored in the Meals at Home office) for people on their route and deliver the books as they are delivering meals. The library does not ask for books to be returned, but instead for the client to share the books with others. If clients are interested in specific or more frequent book delivery, a brochure for the library's Books on Wheels program is provided.
- **Win-Win Relationship with Curt's Café.** New food supplier, Curt's Café, is a non-profit organization that teaches job skills to at-risk youth working in the café. Meals at Home purchases meals (sandwich, fruit and a cookie) from Curt's Café for Meals at Home's general-diet clients requesting this special treat every Wednesday.

• Client Cooler Bags.

While Meals at Home has not had a food safety issue in the past, volunteers have developed a safeguard to help keep their much-loved clients safe. Collapsible, insulated cooler bags have been purchased by Meals at Home to allow storage of either a hot meal or a cold meal if a client is not at home during delivery. The bags can be reused and we encourage clients to place the cooler bags outside their door if they will be unable to receive food when it is delivered.

- **Web-Based Software.** Assisted Rides software is now used in the Meals at Home office as a way of organizing information in a clear, accessible format that will aid the organization's growth.

• New, Additional, and Continuing Staff and Volunteers.

Volunteer Coordinator, Heather Harker, joined the Meals at Home family in May, bringing her wealth of experience, kindness and organizational skills to the scheduling of 42 routes each week. Volunteer Office Workers have been a great help in the Meals at Home office, assisting most mornings and early afternoons, answering phones, assisting with special projects, entering data, filing – and occasionally delivering a route if a driver calls in sick! Bookkeeper, Rita Weinberg, continues to be the well-organized and trusted financial person in our organization, and Sylvia Peters, our hard working and valued Grant Writer, has been a treasured team member as well. The team is rounded out with more than 300 volunteers performing the most visible work of the organization...delivering the food! And I thank all of you for your warm welcome and kind words during my rookie year with Meals at Home.

Thank you for the incredible part each of you has played in meeting the most basic needs of so many of our hungry neighbors. As one of our clients gushed during our recent phone conversation, Meals at Home "helps us stay independent. I just can't say enough." Great work everyone! I look forward to the exciting year ahead!

Debi Genthe, Executive Director



Debi Genthe



Meals at Home

**Statement of Revenue and Expenses
12 Months Ended June 30, 2014**

Revenue:

Meal Receipts	\$99,192
Foundation Donations	\$28,500
Individual Donations	\$52,000
Benefit Income	\$18,371
Organization Donations	\$22,073
Government Grants	\$22,501
Family Trusts & Foundations	\$2,500
Interest/Dividend Income	\$5,153
Draw from Reserve	\$30,000

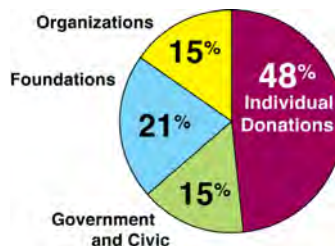
Total Revenue \$280,290

Operating Expenses:

Salaries, Payroll Taxes	\$133,615
Accounting	\$6,925
Consulting	\$5,300
Client Relations	\$1,003
Dues & Fees	\$3,966
Fund Raising	\$8,641
Insurance	\$4,497
Meal Costs	\$80,392
Office Expenses	\$3,896
Rent	\$12,600
Publicity	\$5,182
Technology	\$6,347
Telephone	\$6,025
Volunteer Relations	\$1,855
Miscellaneous	\$706

Total Operating Expenses \$280,950

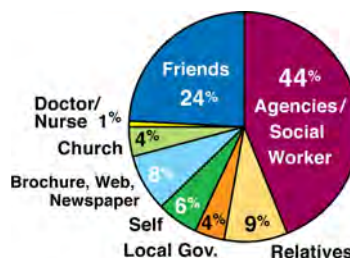
Contribution Sources



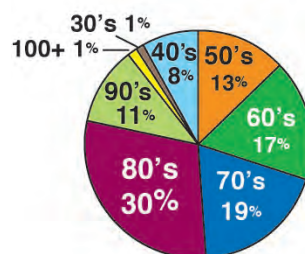
Program Profile for 2013-14

Total number of clients served:	191
Number of deliveries:	16,782
Number of meals delivered:	32,773

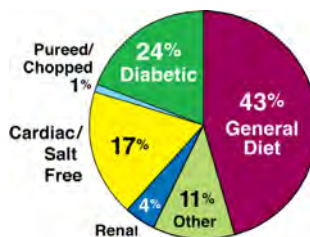
Referral Sources



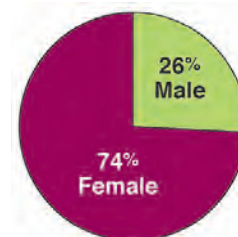
Age of Clients



Client Diet



Client Gender



Special Thanks to the Following:

Individuals: Please see list of donor names.

Foundations: Dr. Scholl Foundation; McCormick Foundation; George M. Eisenberg Foundation; The Grainger Foundation; Stanton R. Cook Foundation; Wilmette Harbor Rotary Foundation; Hilshire Brands Foundation

Civic: CDBG, City of Evanston; New Trier Township; Village of Wilmette

Family Trusts And Funds: Fitzsimonds Family Trust

Churches: 1st Congregational Church of Evanston; First United Methodist Church of Evanston; Christ Church; Trinity Lutheran Church of Evanston; Church of the Holy Comforter; Winnetka Congregational Church

Service Organizations: Northridge Women's Club; Kenilworth United Fund; Winnetka Northfield Rotary

Estates: Sexton B. Levy

Organizations and Churches that Provided Meals at Home Volunteers for 2013-14

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|---|--|
| Christ Church Winnetka | Saints Faith Hope & Charity Catholic Church Winnetka |
| First United Methodist Church of Evanston | Saint Joan of Arc |
| First Congregational Church of Evanston | Saint Joseph's Church Wilmette |
| First Presbyterian Church of Evanston | Trinity United Methodist |
| Kappa Alpha Theta (Chicago North Shore Alumnae Chapter) | Winnetka Congregational |
| | Woman's Club of Evanston |